Psychology of Sport and Performance (SEA020L446S) (Not Live)



1.

Gucciardi, Daniel & Gordon, Sandy. Mental toughness in sport: developments in theory and research. vol. Routledge research in sport and exercise science (Routledge, 2011).

2.

Lazarus, R. S. & Folkman, S. Stress, appraisal, and coping (electronic resource). (Springer, 1984).

З.

Mellalieu, S. D. & Hanton, S. Advances in applied sport psychology: a review (electronic resource). (Routledge, 2009).

4.

Moran, A. P. The Psychology of Concentration in Sport Performers: A Cognitive Analysis. (Psychology Press, 2016).

5.

Roberts, G. C. & Treasure, D. C. Advances in motivation in sport and exercise. (Human Kinetics, 2012).

6.

Knowles, A.-M. Social psychology in sport and exercise : linking theory to practice.

(Palgrave Macmillan, 2015).

7.

Hanton, S. & Mellalieu, S. D. Literature reviews in sport psychology: Sheldon Hanton and Stephen Mellalieu, editors. (Nova Science Publishers).

8.

Wilson, K. M., Hardy, L. & Harwood, C. G. Investigating the Relationship Between Achievement Goals and Process Goals in Rugby Union Players. Journal of Applied Sport Psychology **18**, 297–311 (2006).

9.

Ntoumanis, N. & Standage, M. Morality in Sport: A Self-Determination Theory Perspective. Journal of Applied Sport Psychology **21**, 365–380 (2009).

10.

Hays, K., Thomas, O., Maynard, I. & Bawden, M. The role of confidence in world-class sport performance. Journal of Sports Sciences **27**, 1185–1199 (2009).

11.

Beaumont, C., Maynard, I. W. & Butt, J. Effective Ways to Develop and Maintain Robust Sport-Confidence: Strategies Advocated by Sport Psychology Consultants. Journal of Applied Sport Psychology **27**, 301–318 (2015).

12.

Horn, T. S. Advances in sport psychology. (Human Kinetics).

13.

Hays, K., Maynard, I., Thomas, O. & Bawden, M. Sources and Types of Confidence Identified by World Class Sport Performers. Journal of Applied Sport Psychology **19**, 434-456 (2007).

14.

Hanton, S. & Mellalieu, S. D. Literature reviews in sport psychology: Sheldon Hanton and Stephen Mellalieu, editors. (Nova Science Publishers).

15.

Morgan, P. B., Fletcher, D. & Sarkar, M. Recent developments in team resilience research in elite sport. Current Opinion in Psychology **16**, 159–164 (2017).

16.

Fransen, K., Mertens, N., Feltz, D. & Boen, F. "Yes, we can!" review on team confidence in sports. Current Opinion in Psychology **16**, 98–103 (2017).

17.

Loughead, T. M. Athlete leadership: a review of the theoretical, measurement, and empirical literature. Current Opinion in Psychology **16**, 58–61 (2017).

18.

Morgan, P. B. C., Fletcher, D. & Sarkar, M. Developing team resilience: A season-long study of psychosocial enablers and strategies in a high-level sports team. Psychology of Sport and Exercise **45**, (2019).

19.

Tenenbaum, G. & Eklund, R. C. Handbook of sport psychology. (John Wiley, 2007).

20.

Bruton, A. M., Mellalieu, S. D. & Shearer, D. A. Observation Interventions as a Means to Manipulate Collective Efficacy in Groups. Journal of Sport and Exercise Psychology **36**, 27–39 (2014).

21.

Shearer, D. A., Holmes, P. & Mellalieu, S. D. Collective efficacy in sport: the future from a social neuroscience perspective. International Review of Sport and Exercise Psychology **2**, 38–53 (2009).

22.

Fransen, K., Haslam, S. A., Steffens, N. K. & Boen, F. Standing out from the crowd: Identifying the traits and behaviors that characterize high-quality athlete leaders. Scandinavian Journal of Medicine & Science in Sports **30**, 766–786 (2020).

23.

Meijen, C., Turner, M., Jones, M. V., Sheffield, D. & McCarthy, P. A Theory of Challenge and Threat States in Athletes: A Revised Conceptualization. Frontiers in Psychology **11**, (2020).

24.

Nicholls, A. R., Taylor, N. J., Carroll, S. & Perry, J. L. The Development of a New Sport-Specific Classification of Coping and a Meta-Analysis of the Relationship between Different Coping Strategies and Moderators on Sporting Outcomes. Frontiers in Psychology **7**, (2016).

25.

Turner, M. J. et al. Who Thrives Under Pressure? Predicting the Performance of Elite Academy Cricketers Using the Cardiovascular Indicators of Challenge and Threat States. Journal of Sport and Exercise Psychology **35**, 387–397 (2013).

26.

Tamminen, K. A. & Bennett, E. V. No emotion is an island: an overview of theoretical perspectives and narrative research on emotions in sport and physical activity. Qualitative Research in Sport, Exercise and Health **9**, 183–199 (2017).

27.

Lazarus, Richard S. Stress and emotion: a new synthesis (electronic resource). (Springer, 1999).

28.

Lazarus Stress & Emotion.

29.

Mellalieu, S. D. & Hanton, S. Advances in applied sport psychology: a review. (Routledge, 2009).

30.

Anxiety and Cognitive Performance: Attentional Control Theory.

31.

Gucciardi, D. F. & Dimmock, J. A. Choking under pressure in sensorimotor skills: Conscious processing or depleted attentional resources? Psychology of Sport and Exercise **9**, 45–59 (2008).

32.

Jowett, S. & Lavallee, D. Social psychology in sport. (Human Kinetics, 2007).

33.

Beauchamp, M. & Eys, M. A. Group dynamics in exercise and sport psychology: contemporary themes. (Routledge, 2008).

34.

Rhind, D. J. A. & Jowett, S. Relationship Maintenance Strategies in the Coach-Athlete Relationship: The Development of the COMPASS Model. Journal of Applied Sport

Psychology 22, 106-121 (2010).

35.

Isoard-Gautheur, S., Trouilloud, D., Gustafsson, H. & Guillet-Descas, E. Associations between the perceived quality of the coach–athlete relationship and athlete burnout: An examination of the mediating role of achievement goals. Psychology of Sport and Exercise **22**, 210–217 (2016).

36.

Felton, L. & Jowett, S. On understanding the role of need thwarting in the association between athlete attachment and well/ill-being. Scandinavian Journal of Medicine & Science in Sports **25**, 289–298 (2015).

37.

Davis, L. & Jowett, S. Investigating the Interpersonal Dynamics Between Coaches and Athletes Based on Fundamental Principles of Attachment. Journal of Clinical Sport Psychology **4**, 112–132 (2010).

38.

Sport and exercise psychology: practitioner case studies. (The British Psychological Society/Wiley, 2017).

39.

Wachsmuth, S., Jowett, S. & Harwood, C. G. Conflict among athletes and their coaches: what is the theory and research so far? International Review of Sport and Exercise Psychology **10**, 84–107 (2017).

40.

Managing conflict in coach—athlete relationships. Sport, Exercise, and Performance Psychology (2018).

41.

Felton, L. & Jowett, S. Attachment and well-being: The mediating effects of psychological needs satisfaction within the coach-athlete and parent-athlete relational contexts. Psychology of Sport and Exercise **14**, 57–65 (2013).

42.

Shanmugam, V., Jowett, S. & Meyer, C. Eating psychopathology amongst athletes: Links to current attachment styles. Eating Behaviors **13**, 5–12 (2012).

43.

Felton, L. & Jowett, S. Self-Determination Theory Perspective on Attachment, Need Satisfaction, and Well-Being in a Sample of Athletes: A Longitudinal Study. Journal of Clinical Sport Psychology **11**, 304–323 (2017).

44.

Williams, A. M. & Hodges, N. J. Skill acquisition in sport: research, theory, and practice. (Routledge, 2004).

45.

Williams, A. M., Davids, K. & Williams, J. G. P. Visual perception and action in sport. (E&FN Spon, 1999).