## Dance Movement Psychotherapy Fundamentals (DAN020X338A) (Academic year 2024-2025)



Adler, Janet. n.d. Offering from the Conscious Body: The Discipline of Authentic Movement. Rochester, Vt: Inner Traditions.

Aldridge, David. 1996. 'The Body, Its Politics, Posture and Poetics'. The Arts in Psychotherapy 23(2):105–12. doi: 10.1016/0197-4556(95)00066-6.

Allegranti, Beatrice. 2011. Embodied Performances: Sexuality, Gender, Bodies. Basingstoke: Palgrave Macmillan.

Allegranti, Beatrice. 2015. Embodied Performances: Sexuality, Gender, Bodies. Basingstoke: Palgrave Macmillan.

Anon. n.d.-a. '(60) The Difference Between "Therapeutic" Dance and Dance/Movement Therapy - YouTube'.

Anon. n.d.-b. 'Arts in Psychotherapy'.

Anon. n.d.-c. 'Association for Dance Movement Psychotherapy'. Retrieved (https://admp.org.uk/).

Anon. n.d.-d. 'Contact Quarterly'.

Anon. n.d.-e. 'DSM-5'. Retrieved (https://www.psychiatry.org/psychiatrists/practice/dsm).

Anon. n.d.-f. 'O'Connell, M. (2009) Dancing Dialogues – A Forum. The Language of Music in DMP; the Process of Integration through Motion and Emotion. E-Motion. Spring(1). 8 – 9.'

Anon. n.d.-g. 'Therapeutic Dance vs. Dance Therapy: 5 Important Differences'. Retrieved (https://www.danceinforma.com/2018/08/07/therapeutic-dance-vs-dance-therapy-5-import ant-differences/).

Bernstein, Penny. 1979. Eight Theoretical Approaches in Dance-Movement Therapy. Dubuque: Kendall/Hunt Pub. Co.

Bernstein, Penny, and Penny Lewis Bernstein. 1979. Theoretical Approaches in Dance-Movement Therapy: Vol 1. Dubuque, Iowa: Kendall/Hunt Pub. Co.

Bloom, Katya. 2006. The Embodied Self: Movement and Psychoanalysis. London: Karnac. Brown, Stuart L., and Christopher C. Vaughan. 2009. Play: How It Shapes the Brain, Opens the Imagination, and Invigorates the Soul. New York: Avery. Chace, Marian, Susan L. Sandel, Sharon Chaiklin, and Ann Lohn. 1993. Foundations of Dance/Movement Therapy: The Life and Work of Marian Chace. Columbia, Md: Marian Chace Memorial Fund of the American Dance Therapy Association.

Chace, Marian, Sandel, Susan L., Chaiklin, Sharon, and Lohn, Ann. 1993. Foundations of Dance/Movement Therapy: The Life and Work of Marian Chace. Columbia, Md: Marian Chace Memorial Fund of the American Dance Therapy Association.

Chaiklin, Sharon, and Hilda Wengrower. 2009a. The Art and Science of Dance/Movement Therapy: Life Is Dance. New York: Routledge.

Chaiklin, Sharon, and Hilda Wengrower. 2009b. The Art and Science of Dance/Movement Therapy: Life Is Dance. New York: Routledge.

Dance Therapy Association of Australia. n.d. 'Moving on: Dance Therapy Association of Australia Quarterly'.

Davis, Madeleine and Wallbridge, David. 1987. Boundary and Space: An Introduction to the Work of D.W. Winnicott. London: Karnac.

Dosamantes-Alperson, Erma. 1981. 'Experiencing in Movement Psychotherapy'. American Journal of Dance Therapy 4(2):33-44. doi: 10.1007/BF02579623.

EBSCO Publishing (Firm), Ingenta (Firm), and SpringerLink (Online service). n.d. 'American Journal of Dance Therapy'. International Bibliography of Theatre&Dance with Full Text.

Espenak, Liljan. 1981. Dance Therapy: Theory and Application. Springfield, II: Charles C. Thomas.

Gendlin, Eugene T. 1981. Focusing. 2nd ed., new, rev. instructions. New York: Bantam Books.

Halprin, Daria and ebrary, Inc. 2003. The Expressive Body in Life, Art, and Therapy: Working with Movement, Metaphor, and Meaning. London: J. Kingsley.

Hartley, Linda. 1995. Wisdom of the Body Moving: An Introduction to Body-Mind Centering. Berkeley, Calif: North Atlantic Books.

InformaWorld (Online service). n.d. 'Body, Movement and Dance in Psychotherapy'. International Bibliography of Theatre&Dance with Full Text.

Koltko-Rivera, Mark E. 2004. 'The Psychology of Worldviews'. Review of General Psychology 8(1):3–58. doi: 10.1037/1089-2680.8.1.3.

Lee, Hye-Jin, Seung-Ho Jang, Sang-Yeol Lee, and Kyu-Sic Hwang. 2015. 'Effectiveness of Dance/Movement Therapy on Affect and Psychotic Symptoms in Patients with Schizophrenia'. The Arts in Psychotherapy 45:64–68. doi: 10.1016/j.aip.2015.07.003.

Levy, Fran. 2005. 'Marian Chace - The "Grande Dame of Dance Therapy" with Hospitalized Patients'. Pp. 21–32 in Dance movement therapy: a healing art. Reston, VA: National Dance Association an association of the American Alliance for Health, Physical Education,

Recreation, and Dance.

Levy, Fran J., Fried, Judith Pines, and Leventhal, Fern. 1995. Dance and Other Expressive Art Therapies: When Words Are Not Enough. London: Routledge.

Levy, Fran J., National Dance Association, and American Alliance for Health, Physical Education, Recreation, and Dance. 2005a. Dance Movement Therapy: A Healing Art. 2nd rev. ed. Reston, VA: National Dance Association an association of the American Alliance for Health, Physical Education, Recreation, and Dance.

Levy, Fran J., National Dance Association, and American Alliance for Health, Physical Education, Recreation, and Dance. 2005b. Dance Movement Therapy: A Healing Art. 2nd rev. ed. Reston, VA: National Dance Association an association of the American Alliance for Health, Physical Education, Recreation, and Dance.

Lewin, Joan L. 1998. Dance Therapy Notebook. Columbia, MD: Marian Chace Foundation of the American Dance Therapy Association.

Meekums, Bonnie. 2002. Dance Movement Therapy: A Creative Psychotherapeutic Approach. Vol. Creative therapies in practice. London: SAGE.

Meekums, Bonnie and ebrary, Inc. 2002. Dance Movement Therapy: A Creative Psychotherapeutic Approach. Thousand Oaks, CA: Sage Publications.

Moore, Carol-Lynne and Yamamoto, Kaoru. 1988. Beyond Words: Movement Observation and Analysis. London: Gordon & Breach.

Moore, Carol-Lynne, and Kaoru Yamamoto. 2011. Beyond Words: Movement Observation and Analysis. 2nd ed. London: Routledge.

Pallaro, Patrizia. 2007. Authentic Movement: Moving the Body, Moving the Self, Being Moved : A Collection of Essays. London: Jessica Kingsley.

Payne, Helen. 1992. Dance Movement Therapy: Theory and Practice. London: Tavistock/Routledge.

Payne, Helen. 2006. Dance Movement Therapy: Theory, Research and Practice. 2nd ed. London: Routledge.

Schmais, Claire. 1981. 'Group Development and Group Formation in Dance Therapy'. The Arts in Psychotherapy 8(2):103–7. doi: 10.1016/0197-4556(81)90002-2.

Schmais, Claire, and Elissa Q. White. 1986. 'Introduction to Dance Therapy'. American Journal of Dance Therapy 9(1):23–30. doi: 10.1007/BF02274236.

Sherborne, Veronica. 2001. Developmental Movement for Children: Mainstream, Special Needs and Pre-School. 2nd ed. London: Worth.

Spry, Tami and ebrary, Inc. 2011. Body, Paper, Stage: Writing and Performing Autoethnography. Walnut Creek, Calif: Left Coast Press, Inc.

Stanton-Jones, Kristina. 1992. An Introduction to Dance Movement Therapy in Psychiatry. London: Tavistock/Routledge.

Staunton, Tree. 2002. Body Psychotherapy. Vol. Advancing theory in psychotherapy. Hove: Brunner-Routledge.

Stevens, Richard. 1996. Understanding the Self. Vol. Social psychology. London: Sage in association with the Open University.

Tufnell, Miranda and Crickmay, Christopher. 1993. Body Space Image: Notes towards Improvisation and Performance. London: Dance Books.

Van der Kolk, Bessel A. 2015a. The Body Keeps the Score: Mind, Brain and Body in the Transformation of Trauma. London: Penguin Books.

Van der Kolk, Bessel A. 2015b. The Body Keeps the Score: Mind, Brain and Body in the Transformation of Trauma. London: Penguin Books.

Whitehouse, Mary Starks, Janet Adler, Joan Chodorow, and Patrizia Pallaro. 1999. Authentic Movement. London: J. Kingsley.

Winnicott, D. W. 2005. Playing and Reality. Vol. Routledge classics. [New ed.]. London: Routledge.