

# Dance Movement Psychotherapy Fundamentals (DAN020X338A) (Academic year 2024-2025)

[View Online](#)

'(60) The Difference Between "Therapeutic" Dance and Dance/Movement Therapy - YouTube'. Web. <<https://www.youtube.com/watch?v=UCFRcDhfKDI>>.

Adler, Janet. Offering from the Conscious Body: The Discipline of Authentic Movement. Rochester, Vt: Inner Traditions. Print.

Aldridge, David. 'The Body, Its Politics, Posture and Poetics'. *The Arts in Psychotherapy* 23.2 (1996): 105–112. Web.

Allegranti, Beatrice. Embodied Performances: Sexuality, Gender, Bodies. Basingstoke: Palgrave Macmillan, 2015. Web.  
<<https://roe.idm.oclc.org/login?url=http://www.vlebooks.com/vleweb/product/openreader?id=Roehampton&isbn=9780230306561&uid=^u>>.

--. Embodied Performances: Sexuality, Gender, Bodies. Basingstoke: Palgrave Macmillan, 2011. Web.  
<<https://roe.idm.oclc.org/login?url=http://www.vlebooks.com/vleweb/product/openreader?id=Roehampton&isbn=9780230306561&uid=^u>>.

'Arts in Psychotherapy'. n. pag. Print.

'Association for Dance Movement Psychotherapy'. N.p., n.d. Web. <<https://admp.org.uk/>>.

Bernstein, Penny. Eight Theoretical Approaches in Dance-Movement Therapy. Dubuque: Kendall/Hunt Pub. Co, 1979. Print.

Bernstein, Penny, and Penny Lewis Bernstein. Theoretical Approaches in Dance-Movement Therapy: Vol 1. Dubuque, Iowa: Kendall/Hunt Pub. Co, 1979. Print.

Bloom, Katya. The Embodied Self: Movement and Psychoanalysis. London: Karnac, 2006. Print.

Brown, Stuart L., and Christopher C. Vaughan. Play: How It Shapes the Brain, Opens the Imagination, and Invigorates the Soul. New York: Avery, 2009. Print.

Chace, Marian et al. Foundations of Dance/Movement Therapy: The Life and Work of Marian Chace. Columbia, Md: Marian Chace Memorial Fund of the American Dance Therapy Association, 1993. Print.

Chace, Marian et al. *Foundations of Dance/Movement Therapy: The Life and Work of Marian Chace*. Columbia, Md: Marian Chace Memorial Fund of the American Dance Therapy Association, 1993. Print.

Chaiklin, Sharon, and Hilda Wengrower. *The Art and Science of Dance/Movement Therapy: Life Is Dance*. New York: Routledge, 2009. Web.

<<https://roe.idm.oclc.org/login?url=http://www.vlebooks.com/vleweb/product/openreader?id=Roehampton&isbn=9780203874202&uid=^u>>.

---. *The Art and Science of Dance/Movement Therapy: Life Is Dance*. New York: Routledge, 2009. Web.

<<https://roe.idm.oclc.org/login?url=http://www.vlebooks.com/vleweb/product/openreader?id=Roehampton&isbn=9780203874202&uid=^u>>.

'Contact Quarterly'. n. pag. Print.

Dance Therapy Association of Australia. 'Moving on: Dance Therapy Association of Australia Quarterly'. n. pag. Print.

Davis, Madeleine and Wallbridge, David. *Boundary and Space: An Introduction to the Work of D.W. Winnicott*. London: Karnac, 1987. Print.

Dosamantes-Alperson, Erma. 'Experiencing in Movement Psychotherapy'. *American Journal of Dance Therapy* 4.2 (1981): 33-44. Web.

'DSM-5'. N.p., n.d. Web. <<https://www.psychiatry.org/psychiatrists/practice/dsm>>.

EBSCO Publishing (Firm), Ingenta (Firm), and SpringerLink (Online service). 'American Journal of Dance Therapy'. *International Bibliography of Theatre&Dance with Full Text* n. pag. Print.

Espenak, Liljan. *Dance Therapy: Theory and Application*. Springfield, IL: Charles C. Thomas, 1981. Print.

Gendlin, Eugene T. *Focusing*. 2nd ed., new, rev. instructions. New York: Bantam Books, 1981. Print.

Halprin, Daria and ebrary, Inc. *The Expressive Body in Life, Art, and Therapy: Working with Movement, Metaphor, and Meaning*. London: J. Kingsley, 2003. Web.  
<<https://roe.idm.oclc.org/login?url=https://ebookcentral.proquest.com/lib/roehampton-ebooks/detail.action?docID=290793>>.

Hartley, Linda. *Wisdom of the Body Moving: An Introduction to Body-Mind Centering*. Berkeley, Calif: North Atlantic Books, 1995. Print.

InformaWorld (Online service). 'Body, Movement and Dance in Psychotherapy'. *International Bibliography of Theatre&Dance with Full Text* n. pag. Print.

Koltko-Rivera, Mark E. 'The Psychology of Worldviews'. *Review of General Psychology* 8.1 (2004): 3-58. Web.

Lee, Hye-Jin et al. 'Effectiveness of Dance/Movement Therapy on Affect and Psychotic Symptoms in Patients with Schizophrenia'. *The Arts in Psychotherapy* 45 (2015): 64–68. Web.

Levy, Fran. 'Marian Chace - The "Grande Dame of Dance Therapy" with Hospitalized Patients'. *Dance Movement Therapy: A Healing Art*. 2nd rev. ed. Reston, VA: National Dance Association an association of the American Alliance for Health, Physical Education, Recreation, and Dance, 2005. 21–32. Web.  
[<https://contentstore.cla.co.uk/secure/link?id=9b46b41a-0d3f-ec11-981f-0050f2f09783>](https://contentstore.cla.co.uk/secure/link?id=9b46b41a-0d3f-ec11-981f-0050f2f09783).

Levy, Fran J., Fried, Judith Pines, and Leventhal, Fern. *Dance and Other Expressive Art Therapies: When Words Are Not Enough*. London: Routledge, 1995. Print.

Levy, Fran J., National Dance Association, and American Alliance for Health, Physical Education, Recreation, and Dance. *Dance Movement Therapy: A Healing Art*. 2nd rev. ed. Reston, VA: National Dance Association an association of the American Alliance for Health, Physical Education, Recreation, and Dance, 2005. Print.

---. *Dance Movement Therapy: A Healing Art*. 2nd rev. ed. Reston, VA: National Dance Association an association of the American Alliance for Health, Physical Education, Recreation, and Dance, 2005. Print.

Lewin, Joan L. *Dance Therapy Notebook*. Columbia, MD: Marian Chace Foundation of the American Dance Therapy Association, 1998. Print.

Meekums, Bonnie. *Dance Movement Therapy: A Creative Psychotherapeutic Approach*. Creative therapies in practice. London: SAGE, 2002. Web.  
<https://roe.idm.oclc.org/login?url=http://sk.sagepub.com/books/dance-movement-therapy>.

Meekums, Bonnie and ebrary, Inc. *Dance Movement Therapy: A Creative Psychotherapeutic Approach*. Thousand Oaks, CA: Sage Publications, 2002. Web.  
<https://roe.idm.oclc.org/login?url=https://ebookcentral.proquest.com/lib/roehampton-ebooks/detail.action?docID=254677>.

Moore, Carol-Lynne, and Kaoru Yamamoto. *Beyond Words: Movement Observation and Analysis*. 2nd ed. London: Routledge, 2011. Web.  
<https://roe.idm.oclc.org/login?url=https://www-vlebooks-com.roe.idm.oclc.org/Vleweb/Product/Index/1995184?page=0&uid=^u>.

Moore, Carol-Lynne and Yamamoto, Kaoru. *Beyond Words: Movement Observation and Analysis*. London: Gordon & Breach, 1988. Print.

'O'Connell, M. (2009) Dancing Dialogues – A Forum. The Language of Music in DMP; the Process of Integration through Motion and Emotion. *E-Motion*. Spring(1). 8 – 9.' Web.  
<https://admp.org.uk/wp-content/uploads/2013/07/2009Spring.pdf>.

Pallaro, Patrizia. *Authentic Movement: Moving the Body, Moving the Self, Being Moved : A Collection of Essays*. London: Jessica Kingsley, 2007. Print.

Payne, Helen. *Dance Movement Therapy: Theory and Practice*. London: Tavistock/Routledge, 1992. Print.

---. *Dance Movement Therapy: Theory, Research and Practice*. 2nd ed. London: Routledge, 2006. Web.  
<https://roe.idm.oclc.org/login?url=https://www.vlebooks.com.roe.idm.oclc.org/Vleweb/Product/Index/2053009?page=0&uid=^u>.

Schmais, Claire. 'Group Development and Group Formation in Dance Therapy'. *The Arts in Psychotherapy* 8.2 (1981): 103-107. Web.

Schmais, Claire, and Elissa Q. White. 'Introduction to Dance Therapy'. *American Journal of Dance Therapy* 9.1 (1986): 23-30. Web.

Sherborne, Veronica. *Developmental Movement for Children: Mainstream, Special Needs and Pre-School*. 2nd ed. London: Worth, 2001. Print.

Spry, Tami and ebrary, Inc. *Body, Paper, Stage: Writing and Performing Autoethnography*. Walnut Creek, Calif: Left Coast Press, Inc, 2011. Web.  
<http://site.ebrary.com/lib/roehampton/Doc?id=10529217>.

Stanton-Jones, Kristina. *An Introduction to Dance Movement Therapy in Psychiatry*. London: Tavistock/Routledge, 1992. Print.

Staunton, Tree. *Body Psychotherapy. Advancing theory in psychotherapy*. Hove: Brunner-Routledge, 2002. Web.  
<https://roe.idm.oclc.org/login?url=https://ebookcentral.proquest.com/lib/roehampton-ebooks/detail.action?docID=1702129>.

Stevens, Richard. *Understanding the Self. Social psychology*. London: Sage in association with the Open University, 1996. Print.

'Therapeutic Dance vs. Dance Therapy: 5 Important Differences'. N.p., n.d. Web.  
<https://www.danceinforma.com/2018/08/07/therapeutic-dance-vs-dance-therapy-5-important-differences/>.

Tufnell, Miranda and Crickmay, Christopher. *Body Space Image: Notes towards Improvisation and Performance*. London: Dance Books, 1993. Print.

Van der Kolk, Bessel A. *The Body Keeps the Score: Mind, Brain and Body in the Transformation of Trauma*. London: Penguin Books, 2015. Print.

---. *The Body Keeps the Score: Mind, Brain and Body in the Transformation of Trauma*. London: Penguin Books, 2015. Web.  
<https://roe.idm.oclc.org/login?url=http://www.vlebooks.com/vleweb/product/openreader?id=Roehampton&isbn=9780141978628&uid=^u>.

Whitehouse, Mary Starks et al. *Authentic Movement*. London: J. Kingsley, 1999. Web.  
<https://contentstore.cla.co.uk/secure/link?id=5ee855ed-ed19-ec11-b563-0050f2f06092>.

Winnicott, D. W. Playing and Reality. [New ed.]. Routledge classics. London: Routledge, 2005. Print.